## 452 STAFF WELLNESS

## I. PURPOSE

The purpose of this policy is to show the school district's support for the wellness of its employees.

## II. GENERAL STATEMENT OF POLICY

- A. The district will offer and promote wellness activities and programming to all staff during the school year. It will encourage mental, physical, emotional, and spiritual programming as its main goals to improve staff health.
- B. Staff will be supported in using the weight room, locker rooms, gym, and outside facilities as long as it does not interfere/prohibit student use of the facilities or cause unnecessary damage and cost to the district.
- C. Funding for staff wellness programming will be determined by the district.

Approved on the first reading: September 14, 2015

Approved on the second reading: October 12, 2015